

## Greek Dressing

### INGREDIENTS:

5 oz.	Feta cheese (for less fat and calories, use lite feta)
1 ¼ cups	1% cottage cheese
¾ cup	Fat free Italian dressing of your choice
1 Tbsp	Dill weed, dried
¼ tsp	Cracked black pepper

### PREPARATION:

- Combine in a food processor and thin with skim milk to desired consistency.

<b>Number of servings:</b>	<b>32 servings</b>
<b>Serving Size:</b>	<b>2 Tablespoons</b>
<b>Calories:</b>	<b>27</b>
<b>Fat Grams:</b>	<b>1.5</b>

