



Cilantro, Lime Sour Cream Dressing

This tasty toss is used to flavor the shredded lettuce mixed used on our Shrimp and Black Bean Tostadas.

INGREDIENTS:

¼ cup olive oil
2 Tbps lime juice
2 tsp chopped garlic
½ cup chopped cilantro leaves
½ tsp sugar
¼ tsp salt
Pinch of black pepper
2/3 cup cottage cheese
1 Tbps lemon juice

PREPARATION:

- Place all ingredients in a food processor and chop until smooth
- Chill until ready to use
- Will keep up to 1 week, chilled

Yields: 1 cup dressing
Serving size: 2 Tbsp
Calories: 60
Fat Grams: 5

