



## Apricot Ginger Sauce

### INGREDIENTS:

2 ½ Tbsp	Shallots, minced
1 Tbsp	Ginger, grated
1 cup	Apricot nectar
1 cup	Chicken stock
2 Tbsp	Dried apricots, diced
2 Tbsp	Currants
1 ½ Tbsp	Brown Sugar
1 ½ Tbsp	Dark balsamic vinegar

### PREPARATION:

- Heat pot.
- Coat with cooking spray.
- Sauté ginger and shallots.
- Add remaining ingredients.
- Simmer for 20 minutes

<b>Number of servings:</b>	<b>8</b>
<b>Serving Size:</b>	<b>¼ cup</b>
<b>Calories:</b>	<b>23</b>
<b>Fat Grams:</b>	<b>trace amount</b>

